



15th August 2021

Dear ThriveGP Community,

We want to reassure you all that we are working hard to lessen the impact of the Covid 19 pandemic on all of you.

Please consider whether you need to leave home: can we help with a phone or video consultation? The video consults are simple to set up (**we can help!**) and both phone and video mean you can stay safe at home. If you feel you need a "face to face" consultation, that's no problem, either.

Our staff ask everyone who comes to our door a series of questions to help assess their risk of Covid.

We ask that you all clean your hands with sanitiser and check in before you enter our building.

Masks are compulsory and we have spare masks if you forget to bring yours to your appointment.

To keep you safe, we are limiting the amount of people in the waiting room. Our staff will try to contact you if your Doctor or Nurse is running late to lessen waiting times. You may choose to wait outside (e.g. in our courtyard) or in your car, please let us know if you prefer this.

Our staff regularly clean and disinfect frequently touched surfaces in all areas.

If you are suffering cold and flu symptoms or other symptoms that might be related to Covid, or if you are a close contact of a person with Covid 19, please let us know. We can still help you, often with a phone or video consultation. If after the phone or video consultation you need "face to face" consultation we can discuss with you various options to help.

ThriveGP can advise you regarding vaccination against Covid 19. We currently are approved to give both Astra Zeneca and Pfizer vaccine, but only have stock of Astra Zeneca at this stage. Both these vaccines are presented with several doses in each vial (10 in AZ and 6 in Pfizer). Once drawn up, the doses must be used within a short time frame. We mustn't waste any doses, so we can only offer vaccination in set clinics, where we draw up doses on the day of the clinic. Please contact our staff to book a time for a vaccine, or to talk to a Doctor about any questions or concerns you may have regarding vaccination.

This is a tough and sometimes frightening time for many people. We are here to help you as much as we can. Please let us know if you have worries or concerns so we can help. Our Mental health Nurse, Maree and our GPs are all available to talk with if you need this. Please contact Reception to make a time.

Yours sincerely

Thrive GP team